Hindrance To Spiritual Progress

by Piya Tan

How much of our religion is our own invention and opinions? How much has our religion really changed us for the better? We may attend all kinds of courses and talk, but find something still missing in life.

This is the time to look deeper within. Often to look deep enough we need a really good tool. Dharma-spirited Sutta Study and Fellowship never fail in this.

The toughest hindrances to our spiritual progress are often our own opinions and inclinations. To shake us out of our false comfort zone, the Buddha often uses very powerful (sometimes gruesome) similes and parables.

This Wednesday, we will look at one of the most powerful simile found in religious literature: the simile of the only son's flesh.

Please take this rare opportunity to relive the liberating power of the Buddha Word:

THE PUTTA, MAMSA SUTTA (A 12.63), The Discourse on the Son's Flesh. Four kinds of "food" that feed our lives, and how to live on a healthy spiritual diet.

Please click here to download the sutta: http://dharmafarer.googlepages.com/S12.63_PuttamamsaS_sd20.6.pdf

Otherwise, go to <u>http://dharmafarer.googlepages.com</u>, Then go to "Samyutta Nikaya Page" and click on the Sutta.

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